



Pathways to Success

Pathways to Success (Pathways) is a program for Medicaid enrolled children under the age of 21 in Illinois who have complex behavioral health needs and could benefit from additional support.

The services available under Pathways are intended to augment the child's existing or recommended behavioral health treatment plan and build upon the unique needs and strengths of the child and their family. Pathways services are provided by qualified service providers who engage the child and family in a unique assessment and treatment planning process centered around the formation of a Child and Family Team (CFT).

Pathways Mission:

All Medicaid enrolled children in Illinois have access to the mental health services and supports that help them find success at home, in school, and in their communities.

Pathways Vision:

To strengthen access to high quality home and community-based services for children with significant behavioral health challenges and their families through the development of a statewide System of Care focused on improving outcomes.

Pathways Values:

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|--------------------|----------------------------------|
| Family-Driven | Strengths-Based & Individualized |
| Youth-Guided | Team-Based & Collaborative |
| Unconditional Care | Community-Based |
| Culturally Humble | Data & Outcome Driven |

Pathways Goals:

- Improved family functioning and reduced caregiver stress
- More stable living situations for children and youth, including fewer out-of-home treatment episodes
- Increased family and youth involvement in services
- Increased use of evidence-based practices, including expanded access to services provided in home and community settings
- Improved school attendance and performance
- Reduced contacts with law enforcement and child welfare



Interested in learning more?

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Family Expectations

Regular family engagement with your assigned care coordinator is required to maintain enrollment within the Pathways to Success program. Engagement requirements will be determined by the tier level of coordination services assigned to the client and family upon enrollment.

- **High Fidelity Wraparound** is Tier 1 support and requires 2 in-person sessions and 2 telephone check-ins per month. For Tier 1, a Child and Family Team Meeting (CFTM) will be required every 30 days or 48 hours after a Mobile Crisis Response event.
- **Intensive Care Coordination** is Tier 2 support and requires 1 in-person session and 3 telephone check-ins per month. For Tier 2, a Child and Family Team Meeting (CFTM) will be required every 60 days or 48 hours after a Mobile Crisis Response event.

Funding

Individual Support Services (ISS)

The Illinois Department of Healthcare and Family Services (HFS) provides financial support for habilitative activities, services and goods not otherwise covered under Medicaid. ISS is intended to promote health, wellness, and behavioral health stability.

Possibilities of services include:

- Physical wellness activities (e.g., sports club fees or gym memberships; bicycles, scooters, roller skates, or nutrition courses)
- Special or therapeutic youth development programs offered by a community-based organization that serves individuals with disabilities who otherwise would not be able to successfully participate in traditional youth development programs. (e.g., skill building with trained staff)
- Strengths-developing activities (e.g., music lessons, art lessons, therapeutic summer camp)
- Sensory items ordered by a licensed occupational therapist, speech-language pathologist, physical therapist, or LPHA
- Parent education and training

Therapeutic Support Services (TSS)

HFS provides financial support for adjunct therapeutic modalities not otherwise covered under Medicaid that support individualized goals as part of the child's service plan. TSS are designed to help children find a form of expression beyond words or traditional therapies to reduce anxiety, aggression, and other clinical issues while enhancing service engagement through direct activity and stimulation.

Possibilities of services include:

- Art Therapy
- Dance/Movement Therapy
- Equine-Assisted Therapy
- Horticultural Therapy
- Music Therapy
- Drama Therapy

